



# Lietuvos Shotokan karatė federacija

## Lithuanian Shotokan karate federation

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Kodas 190727192; Swedbank a/c LT527300010002246513,  
LSKF is affiliated to: ESKA, WSKA, FSKA, WSKF and WKC

## XXVII OPEN BALTIC STATES SHOTOKAN KARATE CHAMPIONSHIP



**Organizers:** Lithuanian Shotokan Karate Federation, karate club "ALFA".

**Place:** Parko str. 12, Panevėžys, Lithuania "**CIDO**" Sport Arena

**Date:** Saturday, 19 February 2022.

**Rules:** ESKA/WKC Shotokan:

**Individual Kumite - shobu sanbon.**

**Individual Kata eliminations by flag system, final by point system (tokui kata)**

### Categories:

#### KATA

#### Male:

6-7 y.  
8 - 9 y.  
10 y - 11 y.  
12 y - 13 y.

14-15 y.  
16-17 y.  
18-20 y,

#### Female:

6-7 y.  
8 - 9 y.  
10 - 11 y.  
12 - 13 y.

14 - 15 y.  
16 - 17 y.  
18-20 y,

#### Kata list for eliminations:

Taikyoku-1  
Taikyoku-1, Heian-1,2  
Heian-1,2,3  
Heian-1,2,3,4  
  
Heian- 1,2,3,4,5  
Heian- 2,3,4,5, Tekki - 1  
Heian- 2,3,4,5, Tekki - 1

#### KUMITE

#### Male:

8 y.(-32 kg,+32 kg), 9 y.(-34 kg,+34 kg),  
10-11 y.(-40 kg), 10 y.(+40 kg), 11 y.(+40 kg),  
12-13 y.(-50 kg),12 y.(+50 kg), 13 y.(+50 kg),  
14-15 y.(-60 kg), 14 y.(+60 kg), 15 y.(+60 kg),  
16-17 y.(-70 kg), 16 y.(+70 kg), 17 y.(+70 kg),  
18-20 y. (open),

#### Female:

8-9 y. (open),  
10-11 y. (-35 kg, +35 kg),  
12-13 y. (-40 kg, +40 kg),  
14-15 y. (open),  
16-17 y. (open),  
18-20 y. (open),

#### Time limit

1,5 min  
1,5 min  
1,5 min  
2,0 min  
2,0 min  
2,0 min

When less than 3 competitors in a category, they will be connected to another appropriate category.

Competitors in categories 8-13 y. old Kumite allowed participate ONLY in their own age categories, Kata in their own age and one upper ( by age) category.

Competitors in categories 14-17 y. old allowed participate Kata and Kumite in their own age and one upper ( by age) category.

## PROGRAMME: 19 February 2022 Saturday

9.30 – 10.00 - Meeting  
( judges, chief coaches).

10.00 – kata, kumite:

10.00 – (6-7 y.), 8-9 y.), (10-11 y.)

11.30 – (12-13 y.)

13.30 – Awards ceremony (8-13 y.)

13.30 – 14.45– Break.

14.45 – 15.00 - Opening ceremony.

15.00 – kata, kumite:

15.00 – (14-15 y.), (16-17 y.)

16.00 – (18-20 y.)

17.30 – Awards ceremony (14-20 y.)

**Judges:** Will be very grateful for any help offered by qualified referees.

**Weight control:** weighing will be executed (selectively) before the category of competition. An athlete who does not meet the weight requirements will be disqualified (or can be moved to another category after having paid a correction fee –10 €).

**Protection: compulsory** gumshields and white gloves-mitts, (ESKA standard), groin guards (men) and chest-protectors (women) are allowed.

Each contestant must have no existing injuries and be insured against accident: In case of injury, LSKF and all organizers do not take responsibility and will not be held liable for any compensation. It is Clubs Instructors responsibility to insure competitors prior competition. *It is therefore strongly recommended that all competitors be insured against accidents and injuries.*

**Results:** for 1st place – 5 points, 2nd place – 3 points, 3rd place – 1,5 points,

**For a team victory, the club will be awarded XXVII Baltic Shotokan karate championship cup.** Note: points are calculated only at club, not Federation level.

**Awards:** Champions will be awarded with cup, medals and diplomas, prizeman – with medals and diplomas. Two 3<sup>rd</sup> places ( Kata & Kumite).

**Entry Fee:**

25 € - for one Category 45 €- for two Cat., 60 € - for three Cat., 75 € - for four Cat .

Deadline for Application Forms 15 February 2022 y, to: e-mail: [a.valuntonis@yahoo.com](mailto:a.valuntonis@yahoo.com)

You can download entry forms from our web site: [www.shotokan.lt](http://www.shotokan.lt)

**IMPORTANT** According to the resolutions and recommendations of the Government of the Republic of Lithuania regarding the spread of the COVID-19 virus, all participants, judges, coaches, spectators MUST wear medical ( type FFP2) masks throughout the all event. Athletes and referees without medical masks only during match on the tatami.

Spectators can only enter the hall with EU digital COVID certificate.

Participants must have an EU digital COVID certificate or PCR test, or other documents in accordance with the resolutions of the Republic of Lithuania valid for that time.

**INFORMATION:** Detailed information has been clarified before the competition.

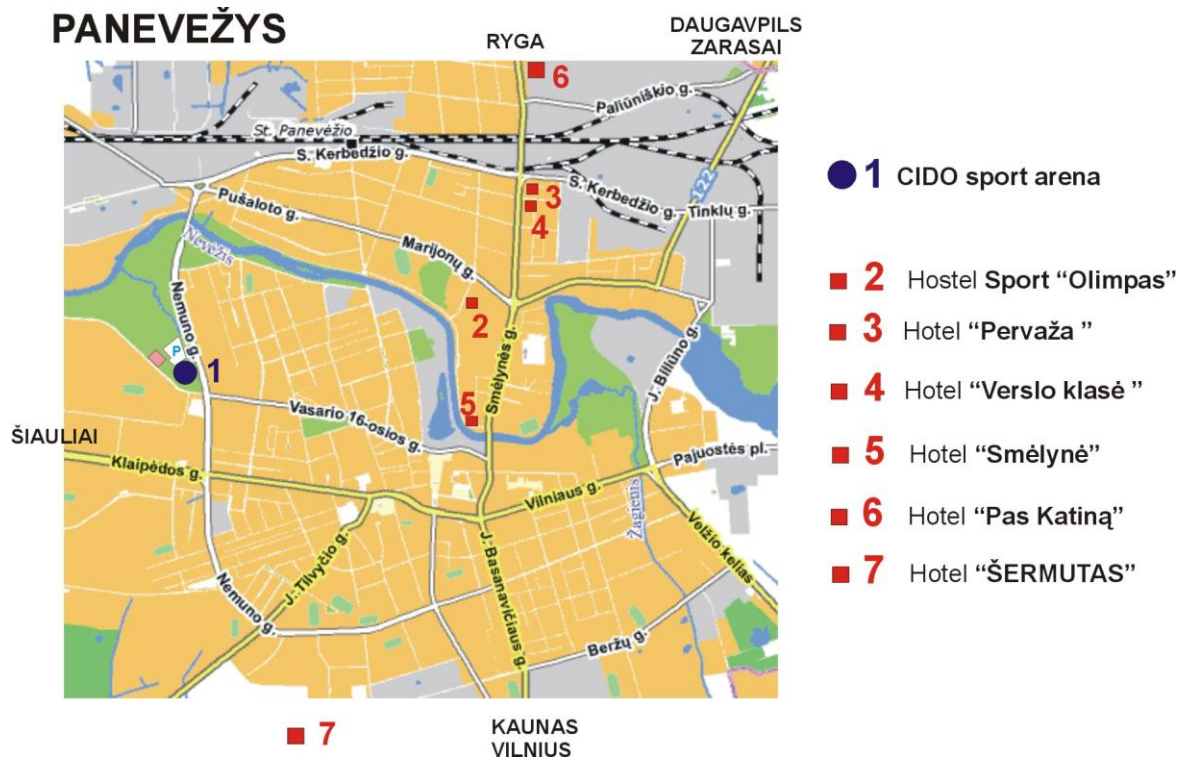
**President of  
Lithuanian karate federation**  
Chairman of Registration  
Chief referee

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**Accommodation:**

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Cido arena