



Lithuanian Shotokan karate federation

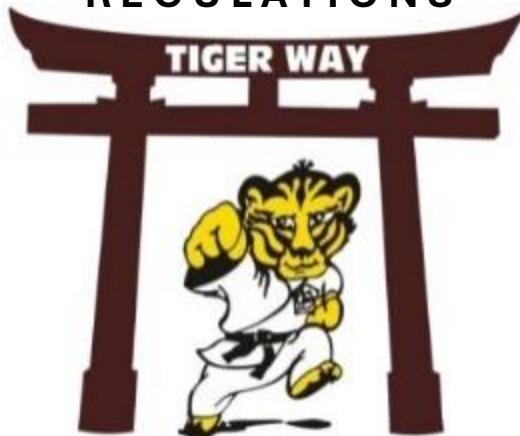
S. Raštikio g. 3, Kaunas Lietuva LT-50144 tel. +370 686 55472

Kodas 190727192; Swedbank a.s LT527300010002246513

Narystė tarptautinėse organizacijose – ESKA, WSKA, FSKA, WSKF, WKC

XXI international **Shotokan/WKF** karate tournament “**Tiger Way**”

REGULATIONS



COMPETITION GOAL

- To promote the Shotokan style and WKF sport karate, to involve children, juniors and youth in competitive activities, and to identify the best karate athletes.
- **New categories** – team competitions that strengthen teamwork and competitiveness.

COMPETITION PLACE

Griunvaldo g. 16 Kaunas (Lithuanian Criminal Police Sports Hall)

DATE

8th of November 2025 (Saturday)

COMPETITION RULES

Shotokan – according to WSKA, WKF competitions – according to WKF.

ORGANIZERS

Lithuanian Shotokan Karate Federation, Kaunas Karate club "Samurajus"

PROJECT PARTNERS

Kaunas Karate Club "Dao", Kaunas City Municipality Program "Initiatives for Kaunas" (project: Kaunas - City of Karate Masters and Traditions)

FINANCING

- Travel, accommodation and entry fees - covered by the sending organization.
- Prizes, hall rental, doctors, judges, and other organizational expenses – funded by the Kaunas City Municipality program "Initiatives for Kaunas" and the Kaunas Karate Club "Samurajus".

ORGANIZING COMMITTEE

- | | | |
|--------------------------|-------------------------|----------------------|
| • President of the LSKF | Alfonsas Valuntonis | Tel. +370 686 55 472 |
| • Registration | Kazimieras Bartkevičius | Tel. +370 698 25 736 |
| • Chief Judge | Dainius Libnickas | Tel. +370 610 64 512 |
| • Chair of the Committee | Mantas Bartkevičius | Tel. +370 612 33 696 |

CATEGORIES

- Individual kata: selection – flag system, finals (4 participants, Tokui kata) – points.
- Individual kumite: Shotokan - Shobu Ippon, WKF – up to a 6-point difference.
- Team kata: 3 participants, girls, boys and mixed teams are allowed. Qualification for up to 4 teams and finals using a points system (Tokui kata)
- Team kumite: only full teams (3 or 3+1) can be registered – Shobu Ippon

Note: *If there are fewer than 3 participants in a competition, they will be combined with the nearest age or kyu group.*

Athletes may participate in their own age group and in the age group one category above.

Children under 10 years of age may only participate in their own age group.

PROTECTIONS:

- Shotokan: gum shield, white gloves; bandages and chest protectors are permitted.
- WKF: gum shield, red/blue gloves and leg protectors; bandages and chest protectors are permitted.

PARTICIPANTS

There is no limit to the number of participants. All participants must have undergone a health check, familiarized themselves with the competition rules, and confirmed this during registration. Coaches are responsible for the technical preparation and behavior of athletes during the competition. **The organizers are not responsible for any injuries or damage sustained during the competition and will not compensate for them.** It is recommended to have valid health insurance.

PUBLICITY

The competition will be photographed and filmed. By participating in the competition, athletes and their representatives agree that their image, name, surname, age, and club name may be used for the promotion of the event, the publication of participant lists and results on the LSKF website and social networks.

REFEREES

Referees with judging experience and experienced athletes are invited to judge the competition. Clubs contribute to the smooth organization of the competition by delegating judges. Referees are paid. Recommended: 5 participants – 1 referee, 10 participants – 2 referees, etc.

PROTESTS

Protests must be submitted in writing within 10 minutes after the athlete's participation, but no later than the start of the next round. Protests may only be submitted by an official team representative to the chief judge of the competition. A fee of €100 is charged for the protest. If the protest is upheld, the fee is refunded.

Important: *only procedural issues are reviewed, not the actual decisions of the referees.*

APPLICATIONS

Electronic registration of participants via <https://karateturnyrai.lt> until **24:00 on 31 October 2025**. Club managers who are registering in this system for the first time must submit club details and send an email to matas.zymantas@gmail.com requesting access (+370 671 05523). Once you have access, you will be able to log in and register participants.

ENTRY FEE

- Individual category – 25 €, two categories – 40 €, three – 55 €.
- Tea category – 40 € per team.
- Changes after **October 31, 2025**, are possible with an additional 10€ fee.

AWARDS

- Winners of individual events will be awarded prizes, medals and diplomas, medalists will receive medals and diplomas.
- Winners in team events will receive a cup, medals, and diplomas, medalists will receive medals and diplomas.
- **Two third places in all categories**

INDIVIDUAL MALE CATEGORIES

Age	Kiu	Shotokan Kata	Shotokan kumite	WKF kumite
6 – 7 y.	All kiu	Taikyoku-1, 2	Shobu Ippon (1 min.)	–
8 y.	10-9 kiu	Taikyoku-1, 2, Heian-1	Shobu Ippon (1 min.)	U10 (8 – 9 y.) –32 kg, +32 kg
	8> kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1 min.)	
9 y.	9-8 kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1,5 min.)	U12 (10 – 11 y.) –35 kg, –42 kg, +42 kg
	7> kiu	Heian-1, 2, 3, 4	Shobu Ippon (1,5 min.)	
10 y.	9-8 kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1,5 min.)	U14 (12 – 13 y.) –45 kg, –52 kg, +52 kg
	7> kiu	Heian-1, 2, 3, 4	Shobu Ippon (1,5 min.)	
11 y.	9-8 kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1,5 min.)	–
	7> kiu	Heian-1, 2, 3, 4	Shobu Ippon (1,5 min.)	
12 – 13 y.	9-8 kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1,5 min.)	–
	7> kiu	Heian-1, 2, 3, 4	Shobu Ippon (1,5 min.)	
14 – 15 y.	9-7 kiu	Taikyoku-1, Heian-1, 2, 3	Shobu Ippon (2 min.)	–
	6 > kiu	Heian-1, 2, 3, 4, 5	Shobu Ippon (2 min.)	
16–18 y.	9-7 kiu	Heian-1, 2, 3, 4, 5	Shobu Ippon (2 min.)	–
	6> kiu		Shobu Ippon (2 min.)	

INDIVIDUAL FEMALE CATEGORIES

Age	Kiu	Shotokan Kata	Shotokan kumite	WKF kumite
6 – 7 y.	All kiu	Taikyoku-1, 2	Shobu Ippon (1 min.)	–
8 – 9 y.	10-9 kiu	Taikyoku-1, 2, Heian-1	Shobu Ippon (1 min.)	–
	8> kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1 min.)	
10 – 11 y.	9-8 kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1,5 min.)	U12 (10 – 11 y.) –35 kg, +35 kg
	7> kiu	Heian-1, 2, 3, 4	Shobu Ippon (1,5 min.)	
12 – 13 y.	9-8 kiu	Taikyoku-1, Heian-1, 2	Shobu Ippon (1,5 min.)	U14 (12 – 13 y.) –45 kg, +45 kg
	7> kiu	Heian-1, 2, 3, 4	Shobu Ippon (1,5 min.)	
14 – 15 y.	9-7 kiu	Taikyoku-1, Heian-1, 2, 3	Shobu Ippon (2 min.)	–
	6> kiu	Heian-1, 2, 3, 4, 5	Shobu Ippon (2 min.)	
16 – 18 y.	9-7 kiu	Heian-1, 2, 3, 4, 5	Shobu Ippon (2 min.)	–
	6> kiu		Shobu Ippon (2 min.)	

TEAM CATEGORIES

Age	Kiu	Team Kata	Male team kumite
10 – 11 y.	All kiu	Tokui kata	Shobu Ippon (1,5 min.)
12 – 13 y.	All kiu	Tokui kata	Shobu Ippon (1,5 min.)
14 – 15 y.	All kiu	Tokui kata	Shobu Ippon (2 min.)

COMPETITION PROGRAM

- 9:15 – 9:45 Judges and coaches meeting
9:15 – 9:45 Registration of competition participants (clubs)
10:00 – 10:15 Line-up and joint performance of participants in the first part
10:15 – 14:00 Individual Shotokan 6 – 7 y., 8 – 9 y., 10 – 11 y. and team 10 – 11 y. kata, kumite competitions and awards
10:00 – 10:30 Weigh-in of U14 (12 – 13 y.) participants
10:30 – 14:00 U14 (12 – 13 m.) WKF kumite competitions and awards
14:00 – 15:00 Lunch break
15:00 – 15:15 Line-up of participants for the second part, welcome speeches
15:15 – 18:00 Individual Shotokan 12-13 y., 14-15 y., 16-18 y. and team 12-13 y., 14-15 y. kata, kumite competitions and awards.
15:15 – 15:45 Weigh-in of U10 (8 – 9 y.) ir U12 (10 – 11 y.) participants
16:15 – 18:00 U10 (8 – 9 y.) ir U12 (10 – 11 y.) WKF kumite competitions and awards
The detailed competition schedule, tatami and event times will be prepared after the applications have been submitted.

ACCOMMODATION

Only participants of the TIGER WAY competition can take advantage of the accommodation services of the 4★ BEST BALTIC KAUNAS hotel. When booking, please specify the password "Tigro kelias 2025".

Standard room		Superior room		
Single	Double	Single	Double	Triple
60 €	70 €	65 €	75 €	90 €

The price includes: buffet breakfast, Wi-Fi, wellness center, free parking, VAT.

Not included: city tax for adults €2.

- Address: A. Mickevičiaus g. 28, LT 44311 Kaunas, Lietuva
- Phone: +370 37 321 505,
- E-mail: kaunas@bestbaltichotels.eu

President of LSKF

A. Valuntonis

We wish all participants success and a strong tiger spirit! OSS!!!

